



The Institute for Religion and Health
8100 Greenbriar, Suite 220
Houston, TX 77054

FROM I-45 SOUTH

1. Proceed south to the Houston business district, and you will go around the business district until you come to Hwy 59 and 288.
2. Merge onto 59 and 288. You will be traveling South.
3. Continue south on Hwy 288 South toward Lake Jackson.
4. Exit at Old Spanish Trail. (This may be listed as OST).
5. Proceed west on Old Spanish Trail until you come to Greenbriar.
6. Take a left onto Greenbriar. You will be headed South.
7. Continue South on Greenbriar until you come to the Institute facility, a three story brick building. This is a Methodist facility, and there is an Institute on the corner of the lawn at Greenbriar and La Concha.
8. We are in Suite. 220

FROM DOWNTOWN OR HWY 59

1. Proceed south on Main Street past the Houston Museum of Fine Art, Rice University and Texas Medical Center until you come to Greenbriar.
2. Take a left on Greenbriar and you will be going east and then south. You will cross Old Spanish Trail (OST).

3. Continue south until you come to La Concha where you will see an IRH sign near a three-story building.
4. Go one block further and turn right on Old Main. There is a visitors parking lot.
5. Enter the building and you will be directed to the Institute.

FROM LOOP 610

1. Exit Kirby Drive, and proceed North.
2. You will pass Reliant Stadium on your right.
3. To La Concha take a right.
4. Continue East on La Concha until you come to Greenbriar.
5. Go right on to Greenbriar and drive one block to Old Main.
6. Go right on Old Main.
7. There is a visitors parking lot. Enter the building and you will be directed to the Institute.